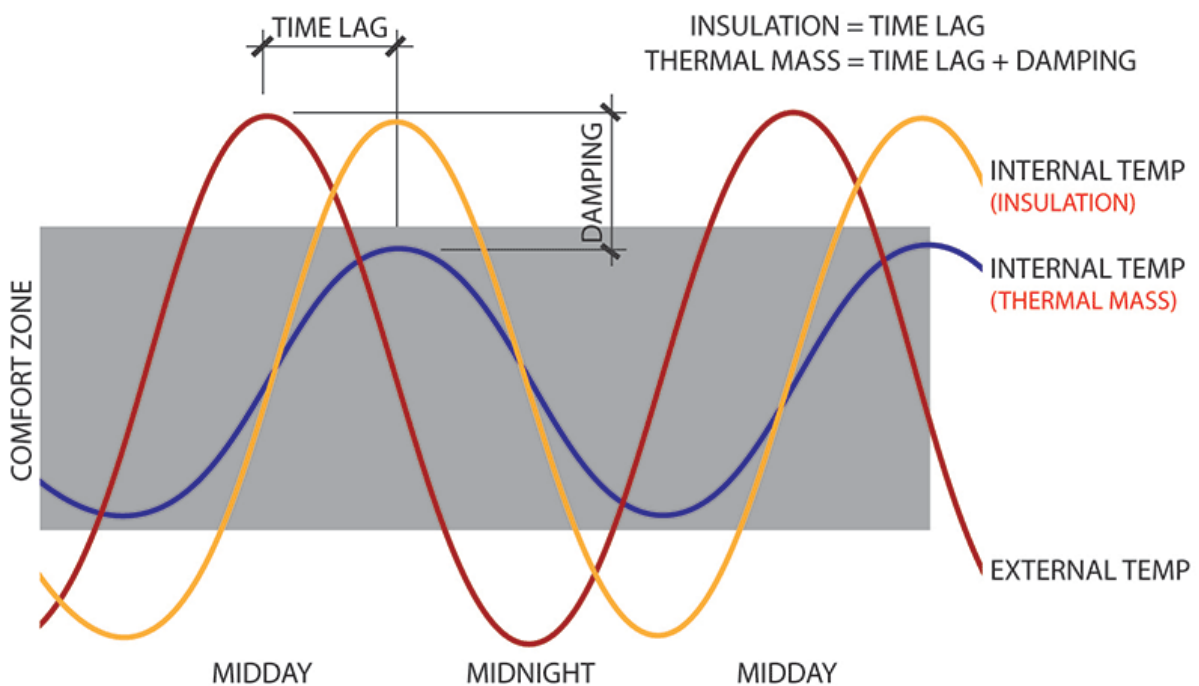




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## The Building Science Behind Insulated Concrete Form



Take a look at this graph to help visualise what ICF is doing. This shows the difference between insulation and thermal mass individually in a cyclic climate. ICF has an even greater effect because it combines both advantages extending the time lag and increasing the dampening effect.